



## HKPC Lo Wu Senior Eventing Camp 2021 INFORMATION SHEET

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- Dates:** Monday 9<sup>th</sup> – Wednesday 11<sup>th</sup> August 2020
- Location:** Lo Wu Saddle Club (<http://www.lowusaddleclub.com>)
- Residence (optional):** Girl Guides Jockey Club Beas River Lodge (<https://www.hkggacnpeng.org/jcbrl>)
- Instructors:** Christian Allderidge, Laurel Cooke, Gary Johnston and Luci Friend
- Schedule:** August 9<sup>th</sup> & 10<sup>th</sup>: 7am - 5pm
- riding twice per day (includes flat work, jumping and hacking out)
- August 11<sup>th</sup>: 7am - 2pm
- simulated cross-country
- Cost:** \$4,500  
Residential option: \$500 (\$250/ night)

### Daily Pony Care responsibilities

- Muck out and skip out
- Grooming
- Tack up/ wash down before and after riding
- Tack cleaning
- Sweeping and tidying yard and wash-down areas

### Efficiency Testing

- C Test is a pre-requisite for attending senior camp.
- We plan to offer C+ Test in September 2021. During this camp, our instructors will be evaluating campers for suitability to be invited to sit C+ Test.

### Hacking out

- We feel it is an important experience for aspiring eventers to hack out. All rides will go for a hack down to and along the Lowu River during camp. There are always risks associated with riding in an uncontrolled environment. We need for you (and your parents) to understand and accept these risks before participating in this activity.

### Other important points to keep in mind

- Lunch will be ordered from a local restaurant. You should bring along your own reusable container and utensils.
- You may bring your phone to camp but it must be checked into our safe box. You will be allowed to access your phone for one hour over lunchbreak and when you sign out to go home. Residential campers can use their phones after returning to the lodge until bedtime.
- Please stay hydrated. Campers must bring along a water bottle that can be refilled with tap water as needed.
- Please bring a change of clothes in case you get wet or sweaty. To cool down there will be water-based activities over lunchtime, so you may want to pack a swimming costume and towel ...
- Please do not wear jewellery to camp.

- Please wear a Pony Club t-shirt for all riding, stable management and training activities.
- Proper riding footwear must be worn on the yard at all times.

#### Packing list for day campers

- Riding gear (including back-protector, which is compulsory for jumping cross-country fences)
- Water bottle
- Lunch container and eating utensils
- Grooming kit
- Spare change of clothes
- Swimming costume and towel
- Sunscreen/ hat and insect repellent

#### Additional packing list for residential campers

- Everything on the day camp list plus...
- Bath towel and toiletries
- Your favourite pillow if you need it (bedsheets and pillows will be provided by Girl Guides)
- Slippers for shower
- Pony Club t-shirt, jodhpurs and underwear for each day (plus at least one spare)
- Pyjamas and comfortable clothes for dinner/ evening activities
- Day bag for taking your day camp stuff to and from the stables
- Laundry bag for soiled clothing

#### Notes for parents/ guardians

- Please attend our camp briefing between 7.30 – 8am on Monday August 9th.
- If there is an emergency during camp, please be assured you will be contacted immediately on the contact number you have provided to us. If you need to reach your child urgently during camp, please call the LWSC office (26730066) or contact the camp coordinator, Elise on 95043588.