



**THE PONY CLUB  
TEST SHEET  
2023**

**C+ STANDARD  
PART 1: RIDING**

**Recommended study:**

- Social Licence Advanced Achievement Badge
- Learning Theory Advanced Achievement Badge
- Building Show Jumps Advanced Achievement Badge

Riders may be required to ride other candidates' ponies/horses for some flat work

**OBJECTIVES**

- To understand the importance of putting equine welfare first
- To show some understanding of learning theory and equine behaviour
- To become an enthusiastic, educated, and practical rider
- To be capable of riding a well-mannered pony or horse in a variety of Pony Club activities
- To ride intelligently and with due regard for others on the roads and in the countryside, showing understanding of 'going', pace, distance, and your pony or horse's level of fitness

**SAFETY (Dismounted discussion)**

1. **Talk about how you would keep yourself safe when riding**
2. **Explain how to keep others, including the ponies/horses, safe when riding in a group**

**WELFARE RESPONSIBILITIES (Dismounted discussion)**

3. Describe what it feels like to ride a pony or horse that is lame
4. **Talk about what it feels like to ride a pony or horse that is tired**
5. **Describe what it feels like to ride a pony or horse that is stressed**
6. List the dangers of over-working a pony or horse that is overweight or unfit

**TRAINING PONIES AND HORSES (Dismounted discussion)**

7. **List the first three points in the Scale of Training**
8. Explain negative reinforcement (pressure and release) and give one example of how it applies to ridden work
9. Discuss how you would recognise a correct response from your pony/horse to the aids
10. Give one example of how and when you could use positive reinforcement (scratching, food) in training ponies/horses during ridden work.
11. Discuss the advantages and disadvantages of using positive reinforcement in training
12. Give an example of a behavioural problem and how you might correct it
13. **Talk about the disadvantages of using the whip or spurs as an aid**
14. Explain the importance of timing when correcting a pony's/horse's mistake
15. Explain the importance of monitoring a pony's/horse's level of stress or excitement when training
16. Explain to the importance of progressive /easy achieve steps when training ponies/horses

**FLAT WORK**

17. **Discuss the advantages to your pony/horse of maintaining a correct riding**

### **position**

18. **Work towards a correct, supple, balanced position**
19. Ride a variety of turns and circles demonstrating rider straightness and balance of the pony/horse that is suitable for its stage of training
20. Ride a variety of transitions, showing increase and decrease of pace including a balanced change of leg at canter through trot and be able to talk about the pony/horse during these transitions
21. Show 'turn on the forehand', from halt, in both directions
22. Know the aids for, and show, leg yielding at walk
23. Ride with reins in one hand
24. Describe the response to the aids of the pony or horse that you are riding
25. Describe the extent to which the pony/horse that you are riding is working forwards in a suitable rhythm and tempo, relaxed and calm
26. Comment on the suppleness of the pony/horse that you are riding
27. Understand the reasons for the tack and equipment the pony/horse you are riding is wearing
28. If spurs are worn, explain the reasons why

### **JUMPING**

29. **Ride with stirrups of a suitable length for undulating ground and jumping**
30. **Work towards a correct, supple, balanced position over fences**
31. Jump a variety of show jumping and cross-country fences, including combination fences (maximum height, 80 cm)
32. Jump up and down slopes
33. Identify which of the fences you jumped was the best and explain why
34. Understand and discuss distances for trotting poles on the ground for the pony/horse you are riding
35. Understand and discuss distances for a two-stride double for the pony/horse you are riding
36. Explain what is meant by the term 'related distances between fences'
37. Show and/or discuss the immediate care of your pony/horse on finishing the cross country

### **Test notes:**

- All content covered in lower tests may be reassessed in this test
- The items shown in bold are particularly important; competence in these items will be given emphasis by the assessor when considering the result
- D, D+ and full C Test must be achieved before taking the C+. If a member is over 16 years, following assessment they may enter directly at C+ level.

**Recommended Minimum age: 13 years**

**Felt Colours:**

**Riding + Horse and Pony Care sections: Pink**

**Riding section only: Burgundy**

**Horse and Pony Care section only: Turquoise**

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