

'B' Standard of Efficiency Test Sheet Riding Section

Minimum Age: 16

Felt Colour:

Brown

Horse & Pony Care Only

Red

Both sections of 'B' Test

General

The 'B' Test may be taken as a whole or in two parts:

'B' Standard Riding and the **'B' Standard Horse and Pony Care**. These Tests may be taken on different occasions and in any order

The B Test is roughly equivalent to the British Horse Society Stage Three Exam.

Objective

- To become an effective rider who knows the reasons for what he or she is doing.
- To know the Scales of Training.
- To understand the Scales provide a staircase of training suitable for all horses and ponies.
- To be able to maintain a horse's way of going.
- To ride over fences at all paces.
- To be capable of riding a well-mannered horse or pony out hunting, in horse trials, or on a long distance ride.
- To ride intelligently and with due regard for others in the country, with a knowledge of pace, distance and discipline when riding alone and in groups.

Riding

- Basically correct position at walk, trot, canter, gallop and over fences.
- Try a horse at his basic paces, transitions, turns and circles.
- Understand and apply the correct aids for the movements ridden during this Test.

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- Understand the aids for, and be able to ride, lengthened strides, rein back and leg yielding in walk and trot.
- Work towards demi pirouette in walk.
- Halt and salute.
- Candidates may be asked to ride with two pairs of reins and should understand the influence of the two reins.
- School movements, including work without stirrups.
- Ride a show jumping course and assess the round.
- Ride up and down hills and banks in trot and canter.
- Jump a variety of cross country fences while maintaining rhythm and a balanced position.
- Jump up and down hill; jump drop fences, jump doubles and awkward fences.
- Show a knowledge of pace and balance suitable for the level of training and fitness of their horse whilst riding at a cross-country speed.

What you need to know:(This is likely to relate to the horse or pony you are riding)

- Having tried a horse at his basic paces, transitions, turns and circles, comment on what you find using the scales of training as a template.
- Analyse the horse's rhythm, tempo and suppleness.
- Understand the meaning of contact, impulsion, and straightness.
- Discuss the balance of the horse.
- Know the distances of trotting poles, a placing pole to a fence and a one stride double of 90cm high.

Read

- Keeping a Pony at Grass
- Relevant sections of 'The Manual of Horsemanship'
- A Working notebook: 'B' Riding and Care